



听第 6 段材料，回答第 6、7 题。

6. Why did Ben go to Beijing?  
A. To learn Chinese.                      B. To do business.                      C. To visit his sister.
7. What did Ben like best in Beijing?  
A. People.                                      B. Food.                                      C. Buildings.

听第 7 段材料，回答第 8、9 题。

8. What happened to the man?  
A. He hurt his leg.                              B. He broke his arm.                      C. He cut his finger.
9. What's the probable relationship between the speakers?  
A. Husband and wife.                      B. Teacher and student.                      C. Doctor and patient.

听第 8 段材料，回答第 10、11 题。

10. Where does the woman want to go?  
A. A hotel.                                      B. A library.                                      C. A bookstore.
11. How will the woman get there?  
A. By bus.                                      B. By taxi.                                      C. By subway.

听第 9 段材料，回答第 12 至 14 题。

12. What is Li Wei doing?  
A. Watching TV.                              B. Using the Internet.                      C. Listening to the radio.
13. How does Li Wei feel about the news?  
A. Sad.    B. Calm.    C. Proud.
14. What time will they meet this Sunday?  
A. At 9 a.m.                                      B. At 10 a.m.                                      C. At 11 a.m.

听第 10 段材料，回答第 15 至 17 题。

15. Who is next to Bill in the photo?  
A. Tony.    B. Paul.    C. Mike.
16. How long has Bill worked as a volunteer?  
A. One year.                                      B. Two years.                                      C. Three years.
17. Why does the girl want to be a volunteer?  
A. She loves animals.                      B. She likes plants.                      C. She needs friends.

听第 11 段材料，回答第 18 至 20 题。

18. Where is the speaker?  
A. In the art museum.                      B. In the movie theater.                      C. In the shopping mall.
19. What can people do on the second floor?  
A. Buy gifts.                                      B. Watch movies.                                      C. Draw pictures.
20. How many floors are mentioned?  
A. Two.    B. Three.    C. Four.



park benches, which said, "Happy-to-Chat Bench. Sit here if you don't mind talking with others!" The idea soon became a great success. More and more people came to sit on the benches, waiting to be talked to. Now, "Happy-to-Chat Benches" can be found in many countries.

So, next time you see someone sitting alone, give them a smile and say hello. They might be happy to talk to you. You'll never know until you give it a try.

24. Who did Emma meet in the park?

A. A lady.

B. A man.

C. A child.

25. What did Emma do the next day?

A. She wrote letters.

B. She made signs.

C. She gave speeches.

26. Which of the following words best describes Emma?

A. Warm-hearted.

B. Hard-working.

C. Self-centered.

27. In which part of a magazine can people read the text?

A. Music.

B. History.

C. Society.

C

①AI is used to help solve problems in many fields now. Here's how it helps save energy, protect animals, and reduce pollution.

②In many office buildings, people sometimes forget to turn off the lights or the air conditioners (空调). As a result, a lot of electricity is wasted. Thanks to AI, the problem can be solved. It learns what the temperature is and how many people are inside the buildings. Then it makes thousands of small changes to save electricity every day. No single change is big, but all of them together can make a big difference.

③Another problem is about hunting wild animals. You can't imagine how many kinds of wild animals around the world are in danger now. Luckily, AI can collect all the data (数据) to learn from the past hunting events. Then it can guess where the hunters will go next. It was once used in a certain area, and the number of hunting events dropped from 19 a month to zero.

④How can AI help reduce pollution? To clean up plastic waste from the ocean, you first need to know where it is. However, it's difficult because the ocean is too wide. But with satellites (人造卫星), AI can quickly make a map to show where the plastic is. This helps clean up the ocean much more **efficiently**, because the ships can be sent to the right places to collect the plastic waste quickly.

⑤However, none of these benefits come for free. Training AI also uses a lot of energy. So we should make wise choices.

28. What energy can AI help save in the office buildings?

A. Gas.                      B. Water.                      C. Electricity.

29. Which paragraph talks about how AI helps protect wild animals?

A. Paragraph 2              B. Paragraph 3.              C. Paragraph 4.

30. Which words are closest in meaning to “efficiently” in Paragraph 4?

A. Easily and quickly    B. Quietly and simply    C. Safely and cheaply

31. What is the writer’s opinion about using AI?

A. Old habits die hard.    B. Practice makes perfect.    C. Every coin has two sides.

第二节 (共4小题, 每小题2分, 满分8分)

阅读下面短文, 从短文后的选项中选出可以填入空白处的最佳选项。选项中有一项为多余选项。

#### How to Burn More Calories(卡路里) When Walking

Walking is a low-cost, easy-to-do exercise that almost anyone can do. It is only good for your brain, but it also helps you lose weight. Do you want to burn more calories when walking?   32  

- Walk fast enough. It is clear that you will burn more calories if you walk farther. However, you may not have enough time. Studies show that you will burn more calories if you walk faster.   33   This may help you save time.

- 34   You don’t have to follow a strict speed plan all the time. It means that you needn’t always walk fast. In fact, changing your walking speed will burn about 20% more calories than walking at the same speed. So just try walking fast for some time, and then slow down. Repeat that several times.

- Walking without eating. It’s never a good idea to exercise without eating.   35   It is because walking won’t use up your energy quickly. But if you want to walk in the early morning, it’s better to eat something before you go out.

**A. Changes speed often.**

**B. A slow walk helps a lot.**

**C. So walk as fast as you can.**

**D. Here are some good ideas for you.**

**E. However, you needn’t eat before walking.**

第三部分 语言运用 (共两节, 满分25分)

第一节 (共10小题, 每小题1.5分, 满分15分)

阅读下面短文, 从短文后各题所给的A、B、C三个选项中, 选出可以填入空白处的最佳选项。

Many years ago, I travelled abroad to a small village. One day, I saw some little kids playing a   36   called “train”. In the game, there were three roles: a “leader”, some “followers” and a “guard”. When the guard waved a flag, the “train” began to move. The followers had to   37   behind the leader one by one, holding onto (抓住) each other’s shirts. And they took turns (轮流) changing their   38  .

One boy with only shorts caught my eye. He waved the flag as the guard all the time. He never changed his role. I was really   39  . During the game break, I asked him, “Why do you   40   waving the flag? Don’t you want to play the other roles?” The boy replied, “Sir, I have no   41   to wear. Who will stand behind me?” He added with a joyful look, “I don’t   42   the roles. I just want to be part of the game with my friends!” At that moment, there was no complaint (抱怨) in his voice at all.

Then the boy went back to his friends   43   with a big smile on his face. His words were simple but   44  . The little boy taught me a great life lesson -- we can never have everything in life, but we can always   45   the “inside” joy if we make full use of what we have.

- ( ) 36. A. song            B. game            C. joke  
 ( ) 37. A. stand           B. drive            C. dance  
 ( ) 38. A. ways            B. roles            C. habits  
 ( ) 39. A. relaxed        B. excited          C. curious  
 ( ) 40. A. stop            B. keep            C. mind  
 ( ) 41. A. hat             B. scarf            C. shirt  
 ( ) 42. A. care about    B. laugh at        C. look for  
 ( ) 43. A. thankfully    B. happily         C. lazily  
 ( ) 44. A. meaningful    B. sweet            C. polite  
 ( ) 45. A. steal           B. forget           C. find

第二节 (共10小题, 每小题1分, 满分10分)

阅读下面短文, 从方框内选择适当的词并用其正确形式填空, 使短文通顺完整。每空限填一词, 每词限用一次。

**and beautiful boat discover for friendly move my take tree**

Hi, it's Alex, Greetings from Hunan! Welcome to my vlog (视频博客). Today travel with me and 46 the beauty of Hunan. Here we go!

Look! I'm taking a 47 to Orange Isle (橘子洲) on the Xiangjiang River. When the boat is 48 down the river, a huge sculpture (雕像) comes into view. The isle is famous 49 the sculpture of Mao Zedong his youth and his poem *Changsha -- to the tune of Qin Yuan chun* (《沁园春·长沙》). Now

I'm walking in the soft wind on the isle. Both the old buildings 50 the natural views make me forget the time. It's a place of interest that connects culture with nature.

You will love what's coming up next. Please follow 51 camera to Zhangjiajie National Forest Park. It is another must-see in Hunan. Here, you will be amazed by what you see. The sea of clouds, strange rocks, and green 52 are so close to me. Whenever I go, I can 53 photos of the dream-like land. "Ni hao!" Wow, a group of Chinese people are greeting me in Chinese. You see, the people here are very 54 to visitors.

Great views! Nice people! How 55 Hunan is! It's really worth a visit!

**第四部分 综合技能 (共两节, 满分 25 分)**

**第一节 (共 5 小题, 每小题 2 分, 满分 10 分)**

阅读下面短文, 根据短文内容回答问题并翻译画线部分。

Dear Mr. Lee,

I'm writing to express my thanks to you. When I was in junior high school, I often failed exams. But you never gave up on me. Instead, you always encouraged me to find my real interest. Because of you, I found I was good at repairing things.

After graduation, I decided to major (主修) in car repair. But my parents didn't agree. After knowing about it, you came to my home and had a long talk with my parents. To my surprise, they changed their mind and supported me. You would never know how thankful I was at that time. I still remember your words, "All roads lead to Rome."

Now, I am a student in a vocational and technical (职业技术的) college. At the very

beginning, I had trouble with my studies. Luckily, the teachers here also helped me. I made great progress after studying hard. Last month, I took part in a national competition. To prepare for it, I had lessons during the day and attended a skill training program at night. I used to be too weak to carry heavy car parts. But now I am able to do it after the training. In the end, I won the first prize in this competition. Many people think that repairing cars is a job for men, but I believe women can do it as well as men.

If possible, I will try out for an international competition one day. Thank you again for bringing out the best in me.

Yours,  
Judy

56. What was Judy good at in junior high school?

57. Who did Mr. Lee have a long talk with?

58. When did Judy take part in a national competition?

59. Do you want to learn from Judy? Why or why not?

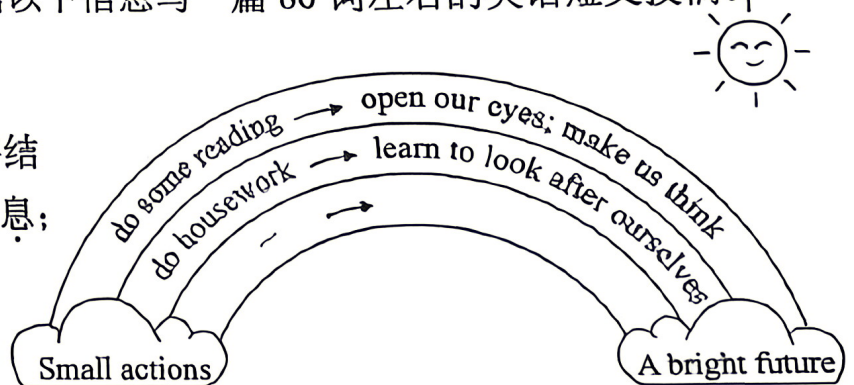
60. 将短文中画线部分翻译成中文。

## 第二节 (满分 15 分)

为了引导青少年阳光健康地成长, 某英语公众号计划做一期以“Small Actions Lead to a Bright Future”为主题的推文。请根据以下信息写一篇 80 词左右的英语短文投稿。

要求:

1. 文中须包含图示中已给提示信息, 并结合自身实际, 至少再增加一条其他信息;
2. 不得出现真实人名、校名和地名;
3. 开头已给出, 不计入总词数。



### Small Actions Lead to a Bright Future

*A bright future starts with small actions. I'd like to share my opinions.* \_\_\_\_\_

## 2026 湖南中考英语参考答案

### 第一部分 听力 (20×1 分)

1-5 C C B B A      6-10 A B A C B

11-15 A A C B A      16-20 B A A C B

### 第二部分 阅读理解 (15×2 分)

第一节 21-23 B C A      24-27 B B A C      28-31 C B A C

第二节 32-35 D C A E

### 第三部分 语言运用

#### 第一节 完形填空 (10×1.5 分)

36-40 B A B C B      41-45 C A B A C

#### 第二节 选词填空 (10×1 分)

46.discover      47.boat      48.moving      49.for      50.and

51.my      52.trees      53.take      54.friendly      55.beautiful

### 第四部分 综合技能

#### 第一节 问答或翻译 (5×2 分)

56.She was good at repairing things.      57.Judy's parents.      58.Last month.

59.Yes,I do.Because she holds on to her dream bravely and ignores old prejudices

60.但是经过训练后,我能做到了。

#### 第二节 作文 (15 分)

### Small Actions Lead to a Bright Future

A bright future starts with small actions. I'd like to share my opinions.

To begin with, doing some reading every day, which is a valuable habit for teenagers, can open our eyes and make us think independently. Reading various books, we can gain wisdom that textbooks cannot offer us. Never can we grow into thoughtful people without constant reading. In addition, doing housework regularly helps us learn to look after ourselves well. Taking charge of simple chores like cleaning rooms, we gradually understand the hard work that our family members bear.

These small actions might seem simple, but they help us grow little by little. If we keep doing them, we will surely have a bright future.